

# ALS CAREGIVER EMERGENCY GUIDE

## THE RED/YELLOW/GREEN LIGHT SYSTEM *for* RESPIRATORY CARE.

### RED LIGHT



**EMERGENCY: DIAL 911** immediately for

- Severe difficulty breathing
- Blue lips/fingernails
- Loss of consciousness
- Ventilator failure (alarm that doesn't stop).

### YELLOW LIGHT



**URGENT: CALL THE DOCTOR & care team** for

- Increased mucus (color/thickness)
- New fever (above 100.4°F/38°C)
- Persistent chest discomfort
- Change in alertness.

### GREEN LIGHT



**MONITOR:** continue standard care,  
document symptoms.

Place this guide  
where all caregivers  
can easily find it.

**DOWNLOAD THE FREE  
PRINTABLE CHECKLIST** 



Resource Page:  
[breathbybreathwithals.com](https://breathbybreathwithals.com)